

Outpatient Procedure T1D BG Management

University of California, Irvine

Feel free to print this page and bring it with you to any meetings with your surgeon, anesthesiologist, endocrinologist, and surgery scheduler.

Make sure you get ALL of your questions addressed and answered.

BG management during outpatient procedures requires partnering with your endocrinologist, surgeon, and anesthesiologist. If a surgeon or anesthesiologist cannot specifically identify and explain why an insulin pump and CGM should not remain on and be fully functioning during the procedure and recovery, stand your ground, insist they do the procedure without removing either one.

Prior to any procedure, have a thorough discussion with the surgeon and anesthesiologist to clarify the expectations and clinical requirements before, during, and after the procedure. Included in this discussion should be the suggested BG range of 90-180 mg/dL as described in the American Society of Anesthesiologists Perioperative Hyperglycemia Management, which can be found below.

If it's feasible, please bring a copy of the perioperative guidelines to the high-level treatment review that's outlined in the document linked below.

[American Society of Anesthesiologists Perioperative Hyperglycemia Management](https://pubs.asahq.org/anesthesiology/article/126/3/547/19751/PerioperativeHyperglycemia-Management:AnUpdate)

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When you arrive in Pre Op for your procedure, review what was discussed and agreed upon earlier with the Anesthesiologist before the procedure.

Items for the discussion should include all that apply:

Discuss
Pre-admission prep for visit guidelines
Hospital/clinic policies about patient use of medical devices
Pre-operative plan, limits, guidelines
Post-operative plan
Length of procedure
Time of procedure, AM is best for ease of management
Area of body to be exposed and accessed
Anesthesia options, general, sedation (regional, local)

Discuss With
Surgeon, Surgery Scheduler
Surgeon, Anesthesiologist
Surgeon, Anesthesiologist, Pre Op Nurse
Anesthesiologist
Surgeon
Endo, Surgeon, Surgery Scheduler
Surgeon
Surgeon, Anesthesiologist

Current BG management, Insulin to be used, Technology Devices, Care Partners, MDI, Pump, AID System
BG management during the procedure
Training needed for surgery staff
BG management in recovery
Post-release drugs

Endo, Surgeon, Anesthesiologist
Endo, Surgeon, Anesthesiologist
Surgeon, Anesthesiologist
Endo, Anesthesiologist
Endo, Surgeon